

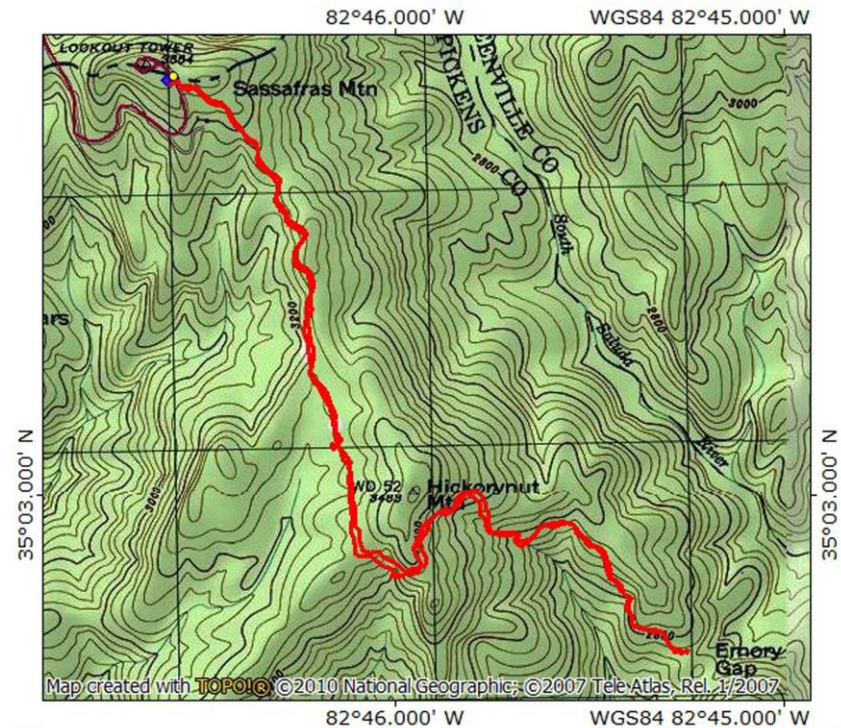
# HICKORYNUT HICKORYNUT GAP via FOOTHILLS TRAIL from SASSAFRAS MOUNTAIN



DESCRIPTION: Though limited in memorable, along-the-trail features, this is a nice upland forest hike. Start from the 3550ft summit of Sassafras mountain...where a stop at the overlook, before or after the hike, does provide memorable vistas. Access the Foothills Trail east of the kiosk and keep right, and head south toward Table Rock. About a mile and quarter in, note the remnants of the homestead of John Cantrell, one of the area's earliest settlers. Have lunch there on the return. Continue on steeper rolling terrain. About a mile beyond is Hickorynut Mountain Gap. Nearby, waterfalls can be heard (but are too difficult to access). Another mile beyond, is an old road bed (the former Emery Gap Toll Road). This is a good point for turnaround, making for a 6 mile, mostly moderate hike, with about 750ft of elevation gain.

DIRECTIONS (35.06480, -82.77611)

Gather at Holly Springs (SC11 & US178) in time for a 915A departure from there. This requires leaving KKEPA by 830A OR Walhalla by 820AM. From Holly go NW on US178 for 7.2 miles to Rocky Bottom. Bear right on Van Clayton/Sassafras Mountain Rd and continue about 4 mi to parking at the summit. There are no fees and no facilities. Expect to return by 230P.



UPDATED Jul 2017